

| Spieltag | Sp-Nr. | Datum | Anstoß | Spielpaarung | Ergeb. |
|----------|--------|------------|--------|------------------------------|------------------------------------|
| | 005 | 09.09.2018 | 10:30 | (SG) SV Schöfweg | - (SG) FC Bürgerholz Regen 0:5 |
| | 008 | 16.09.2018 | 11:00 | TSV 1888/1920 Regen | - (SG) SV Schöfweg 8:1 |
| | 015 | 23.09.2018 | 11:30 | (SG) SV Schöfweg | - (SG) SV Perlesreut 2:2 |
| | 016 | 30.09.2018 | 10:30 | (SG) FC Tittling | - (SG) SV Schöfweg 5:1 |
| | 025 | 07.10.2018 | 11:30 | (SG) SV Schöfweg | - (SG) FC Rinchnach 1:3 |
| | 029 | 14.10.2018 | 11:00 | (SG) TSV 1924 Spiegelau I | - (SG) SV Schöfweg 3:3 |
| | 035 | 21.10.2018 | 11:30 | (SG) SV Schöfweg | - (SG) DJK SSV Hinterschmiding 3:1 |
| | 037 | 28.10.2018 | 11:30 | TSV Schönberg | - (SG) SV Schöfweg 2:0 |
| | 045 | 04.11.2018 | 11:30 | (SG) SV Schöfweg | - TV Freyung 0:3 |
| | 050 | 31.03.2019 | 10:30 | (SG) FC Bürgerholz Regen | - (SG) SV Schöfweg 0:2 |
| | 053 | 17.04.2019 | 18:30 | (SG) SV Schöfweg | - TSV 1888/1920 Regen 0:5 |
| | 060 | 14.04.2019 | 10:30 | (SG) SV Perlesreut | - (SG) SV Schöfweg 3:0 |
| | 061 | 28.04.2019 | 11:30 | (SG) SV Schöfweg | - (SG) FC Tittling 0:2 U |
| | | | | | 2:0 |
| | 070 | 05.05.2019 | 10:30 | (SG) FC Rinchnach | - (SG) SV Schöfweg 6:4 |
| | 074 | 12.05.2019 | 11:30 | (SG) SV Schöfweg | - (SG) TSV 1924 Spiegelau I 0:3 |
| | 080 | 18.05.2019 | 17:00 | (SG) DJK SSV Hinterschmiding | - (SG) SV Schöfweg 2:0 U |
| | | | | | 0:2 |
| | 082 | 26.05.2019 | 11:30 | (SG) SV Schöfweg | - TSV Schönberg 5:3 |
| | 090 | 30.05.2019 | 18:30 | TV Freyung | - (SG) SV Schöfweg 6:3 |